THINK BEFORE YOU DRINK + DRUG

STIMULANTS
Example: Adderall
Mixing Effect:
- Makes you less aware of alcohol’s intoxicating effects
- Can result in alcohol overdose

HALLUCINOGENS
Example: MDMA
Mixing Effect:
- Can endanger heart rhythm and/or increase body temperature

SEDATIVES
Example: Opiates, Xanax
Mixing Effect:
- Can depress or even stop involuntary functions, such as breathing
- Will increase risk of overdose or death

CANNABIS
Example: Marijuana
Mixing Effect:
- Mainly unpredictable
- Can react with anxiety, panic or paranoia

Original content/source from University of California Davis