

# WHAT IS ANTI-RACISM?



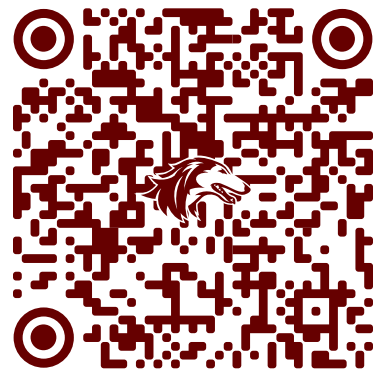
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# WHAT IS ANTI-RACISM?

**“Anti-racism is understanding how years of federal, state, and local policies have placed communities of color in the crises they face today, and calling those policies out for what they are: racist. It also requires an understanding of one’s own position in a racist society, many say, an acknowledgment that you can’t simply opt out of living in white supremacy by saying you’re “not a racist” — you have to actively fight against it.”**

“What it Means to Be Anti-Racist” by Anna North.



[wellness.siu.edu/anti-racism](https://wellness.siu.edu/anti-racism)