If you encounter someone who is suffering from any of the above symptoms, it is important to help them seek medical treatment.

**ALCOHOL POISONING**

The common signs of **ALCOHOL POISONING** are:

- Unconsciousness
- Confusion
- Vomiting
- Seizures
- Slow breathing
- Irregular breathing
- Blue/pale/ashen skin
- Cold or clammy skin

If you encounter someone who is suffering from any of the above symptoms, it is important to help them seek medical treatment.

**Do**

Call 911.
Stay with them until medical help arrives.
Make sure they can breathe and are in a safe location.

**Don’t**

Leave them alone.
Give them food, drink or medication.
Put them in the shower/tub.