• Have condoms on hand. The Student Health Center has them available for purchase.

• Get tested for STIs before you leave. Confidential testing is available at the Student Health Center.

• Consent is sexy! Talk to your partner and get consent before any sexual activity.

• If you experience birth control failure (i.e. condom breaks), consider taking emergency contraception. The sooner you take it, the more effective it is.

• If you are interested in getting on birth control before spring break, make an appointment with the Student Health Center ASAP!